

AVCC TRIP PLANNING SHEET – Sea/Estuary

Date:		Route:											Simple Map:	
Organiser/Leader:		Tel No:		Call Emergency contact if no contact by 20:00.										
Emergency Contact:		Tel No:		NCI:										
Tidal Info for Port:		Coastguard:		NCI tel:										
HW:		Range:		LW:		Range:		HW:		LW:				
Route calculations based on paddling speed:				kmph	Slack:									
PLAN	Tide	Tidal Stream		Wind		Swell/Surf			Location	GR or	@Time	To next pt	Notes, Hazards	
Hourly	HW +/-	Dir	kn	Dir	mph/BS	Dir	H,m	P,s	Waypt	Lat/long	ETA(D)	Km & Crs	Surf, rocks, tidal, etc.	
10-11														
11-12														
12-13														
13-14														
14-15														
15-16														
16-17														
Weather Forecast:		Description, Wind Spd/Dir/Gust							Temp °C	UV	Pollen	Inshore Forecast State/Visibility		
Number in Group:			Kayaks:		Canoes:		Medicals							
Trip Notes & Decisions:		On water time:												
		Off water time:												

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Leader Check List		Leader Check List		Coastguard Contact Tel No			
Throw Line		Compass		Dover (West Bay to The Wash)	01304 210008	Portland	01305 760439
First Aid Kit		Spare Paddle		Falmouth (Lyme Regis to Severn)	01326 317575	Brixham	01803 882704
Flares		Bailer/Pump		Milford Haven (Wales)	01646 690909	Solent	02392 552100
Phone		Emergency Food		Holyhead (Wales, Lancs, Cumbria)	01407 762051	Swansea	01792 366534
VHF Radio		Survival Bag/Shelter		Ports			VHF Ch
Repair Kit		Maps		Bridport, Dartmouth			11
Sun Cream		Knife/whistle		Weymouth, Teignmouth, Falmouth, Fowey, (Plymouth), Padstow, Ilfracombe, Minehead			12
Water		Food		Brixham, Exmouth, Falmouth, Looe, Lyme, Paignton, Plymouth, Poole, Salcombe, Torquay			14
Hat		Ship-Ship	6, 8, 72, 77	Distress/Safety/Calling			16
Money		National Coastwatch	65	Small craft safety (+ Solent CG)			67
Torch		Marine Safety Info (MSI) Broadcast	62, 63 (Portland), 64 (Berry Hd)	Marinas & Yacht Clubs			80, M (37a), M2 (P4)

Pro-word	Mayday – Pan-Pan – Mayday Relay			Call Sign club radio - T(Tango) 143 898			
Identity	this is			<CALLSIGN>			
Position	My position is	degrees	decimal	minutes North,	degrees	decimal	minutes East/West
	My position is	degrees FROM		,	miles		
Distress & Assistance	Request / Require...						
Number & other Info							
Over							

Alpha Bravo Charlie Delta Echo Foxtrot Golf Hotel India Juliet Kilo Lima Mike November Oscar Papa Quebec Romeo Sierra Tango Uniform Victor Whiskey X-ray Yankee Zulu

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Plan B – Describe backup plan if change in circumstances (or decision notes continuation)

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Paste in Table of Attendees from WebCollect: