

AVCC TRIP PLANNING SHEET – River

Date:		Route:					Simple Map:
Organiser/Leader:		Tel No:		Call Emergency contact if no contact by 20:00.			
Emergency Contact:		Tel No:					
River Height at:		Coastguard:					
Height/Time		Height/Time:					
PLAN	Location			OS Grid/Postcode		@Time	Notes, Hazards
Start							
Lunch							
End							
Weather Forecast:		Description, Wind Spd/Dir/Gust			Temp °C	UV	Pollen
Number in Group:		Kayaks:		Canoes:		Medicals	
Trip Notes & Decisions:	On water time: Off water time:						

AVCC TRIP PLANNING SHEET – River

Leader Check List		Leader Check List		Coastguard Contact Tel No			
Throw Line		Spare Paddle		Dover (West Bay to The Wash)	01304 210008	Portland	01305 760439
First Aid Kit		Bailer/Pump		Falmouth (Lyme Regis to Severn)	01326 317575	Brixham	01803 882704
Phone		Emergency Food		Milford Haven (Wales)	01646 690909	Solent	02392 552100
Repair Kit		Survival Bag/Shelter		Holyhead (Wales, Lancs, Cumbria)	01407 762051	Swansea	01792 366534
Sun Cream		Maps					
Money		Knife/whistle					
Water		Food					
Hat		Torch					

Plan B – Describe backup plan if change in circumstances (or decision notes continuation)

AVCC TRIP PLANNING SHEET – River

Paste in Table of Attendees from WebCollect: