



Axe Vale Canoe Club (AVCC)

Contact us at: info@axevalecc.co.uk

Website: <http://www.axevalecc.co.uk/>

Affiliated to British Canoeing and
Quality Mark accredited



Summer 2026 - Sea and Estuary Trips

During the summer we will be arranging a number of sea or estuary trips each month, the majority of which will be suitable for all club members. The trips will all be either half-day or day-long events and it will be the responsibility of each member of the group to be suitably prepared for paddling (if in doubt please ask).

We have quoted a few dates for your diary, but weather (and other events) may intervene, so change is almost inevitable. Changes and cancellations may be at very short notice (updates via Facebook/Website where possible). **In addition, there will be other trips and events arranged in June, July, August and September at short notice to take advantage of weather conditions. These will be advertised on the club's Facebook group (and on the website if possible).**

Booking is essential as places may be limited because of transport. Normally these will be booked via WebCollect, desirably by the Friday evening before, so we can contact you with any updates directly. The trip destination and contact may sometimes change so it is worth checking the AVCC Website or Facebook to confirm who to contact. If you may be able to paddle, then we would prefer if you booked on and then contacted the organiser to cancel rather than trying to book on at the last moment.

Necessary equipment for a day's canoeing:

- Waterproof kit bag or container (please get yourself a Dry-Bag or something similar)
- Lunch, Water, Drinks (you will need a good supply of water – min 1 litre for half-day and 1.5L for a full day), emergency snacks.
- Sun cream, sunglasses (with tie method), hat/helmet (to protect from sun) – basic first aid kit is also useful
- Wind/waterproof layers (you can still get cold if its windy).
- Wet clothing (swimshorts, wetsuits, rash vest, etc.) – towel if you want to swim
- Wet shoes, PFD
- Dry clothing to change into at end of trip.
- Some money for lunch, drinks or snacks is also helpful, plus fuel expenses.
- Medications (remembering to inform one of the leaders on the day), your emergency contact details (e.g. partners or parents phone number).

Group Welfare:

Group welfare is the whole group's responsibility (not just the leader's). Trips are done as a group following the club's risk assessments, so please:

- Check with the leader before getting on the water at the start and after any stop (e.g. lunch).
- Maintain line-of-sight with the leader (or one of the leaders) (e.g. rocks, headlands, bends).
- Please do not paddle off from the group unless you have agreed this with a leader (who may decline your request or request you go as a sub-group with a nominated leader).
- Please watch for signs of exhaustion, cold, etc., in your fellow paddlers.
- You are all rescue trained, so if someone capsizes and you are closest, please help them.

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TRIPS:

Date	Trip Type	Trip / Route	Experience	Length of Trip	Leaders	Helpers
3, 4, 5 July 2026	Canoe	Open Canoe Weekend	All	Various	Chris R	Lots
12/07/2026	Short Trip	Sidmouth to Ladram Bay	All	6 miles	Tash	Graham Donna
19/07/2026	Day Trip	Teignmouth – Newton Abbot	All	8.5 miles round trip	Graham Donna	
02/08/2026	Day Trip	Dartmouth	All	9 miles round trip	Tash	Graham Donna
09/08/2026	Short Trip	Branscombe Charton or estuary	All	6 miles	Colin	
23/08/2026	Day Trip	Stoke Gabriel – Totnes	All	10 miles round trip	Graham Donna	

Also may be surfing sessions at short notice when the surf is reasonable.

Keep a lookout on the website or Facebook for ad-hoc paddles or any changes.