



# Axe Vale Canoe Club (AVCC)

Contact us at: [info@axevalecc.co.uk](mailto:info@axevalecc.co.uk)

Website: <http://www.axevalecc.co.uk/>

Affiliated to British Canoeing and  
Quality Mark accredited



## Summer 2025 - Sea and Estuary Trips

During the summer we will be arranging a number of sea or estuary trips each month, the majority of which will be suitable for all club members. The trips will all be either half-day or day-long events and it will be the responsibility of each member of the group to be suitably prepared for paddling (if in doubt please ask).

We have quoted a few dates for your diary, but weather (and other events) may intervene, so change is almost inevitable. Changes and cancellations may be at very short notice (updates via Facebook/Website where possible). **In addition, there will be other trips and events arranged in June, July, August and September at short notice to take advantage of weather conditions. These will be advertised on the club's Facebook group (and on the website if possible).**

**Booking is essential as places may be limited because of transport. Normally these will be booked via WebCollect, desirably by the Friday evening before, so we can contact you with any updates directly.** The trip destination and contact may sometimes change so it is worth checking the AVCC Website or Facebook to confirm who to contact. If you may be able to paddle, then we would prefer if you booked on and then contacted the organiser to cancel rather than trying to book on at the last moment.

### Necessary equipment for a day's canoeing:

- Waterproof kit bag or container (please get yourself a Dry-Bag or something similar)
- Lunch, Water, Drinks (you will need a good supply of water – min 1 litre for half-day and 1.5L for a full day), emergency snacks.
- Sun cream, sunglasses (with tie method), hat/helmet (to protect from sun) – basic first aid kit is also useful
- Wind/waterproof layers (you can still get cold if its windy).
- Wet clothing (swimshorts, wetsuits, rash vest, etc.) – towel if you want to swim
- Wet shoes, PFD
- Dry clothing to change into at end of trip.
- Some money for lunch, drinks or snacks is also helpful, plus fuel expenses.
- Medications (remembering to inform one of the leaders on the day), your emergency contact details (e.g. partners or parents phone number).

### Group Welfare:

Group welfare is the whole group's responsibility (not just the leader's). Trips are done as a group following the club's risk assessments, so please:

- Check with the leader before getting on the water at the start and after any stop (e.g. lunch).
- Maintain line-of-sight with the leader (or one of the leaders) (e.g. rocks, headlands, bends).
- Please do not paddle off from the group unless you have agreed this with a leader (who may decline your request or request you go as a sub-group with a nominated leader).
- Please watch for signs of exhaustion, cold, etc., in your fellow paddlers.
- You are all rescue trained, so if someone capsizes and you are closest, please help them.

## Axe Vale Canoe Club (AVCC)

### TRIPS:

Date	Details – Book via WEBCOLLECT please	Grade	Organiser
Sunday 11 May	Club trip – Dart Estuary- SG to Dartmouth	All members	Tash/Colin, Carl, Richard
Sunday 18 May	Club trip – Ringsted to Durdle Door	All members	Colin, Richard
XX	Breakfast -		
XX June	Local Trip -		
Sunday 8 June	Club trip – South Devon (TBC)	All members	Ross, Tash
Sunday 29 June	Club trip – Salcombe, Rock Hopping	All members	Ross
4 <sup>th</sup> to 6 <sup>th</sup> July	<b>OPEN CANOE WEEKEND</b> – Axmouth Camping Site	All members	
XX July	Local Trip -		
Sunday 20 July	Wayfarers – Axe Estuary	Volunteers Needed to Help with this session	Tash
Sunday 27 July	Club trip – Dartmouth (Kingswear)	All members	Colin, Richard
XX August	Local -		
XX August	Breakfast -		
XX August	Club Trip -		
	<b>More trips to be added in due course.</b>		
	<b>Expecting more half-day paddles from the Club to be added into this table.</b>		

Also may be surfing sessions at short notice when the surf is reasonable.

Keep a lookout on the website or Facebook for ad-hoc paddles or any changes.